**[Breakfast](https://scout.tveyes.com/)**

03/23/2017 06:12:29 AM

* [BBC 1 London](https://scout.tveyes.com/) /

* [U.K. National](https://scout.tveyes.com/)

Moderate drinkers are less likely to suffer some heart problems than those who drink heavily or not at all. That's according to a new study published in the British Medical Journal. Researchers from Cambridge University and University College London found that low levels of alcohol consumption were linked to

a lower risk of heart conditions.